



Herbs of the Early Arizona Missions
webinar presentation for the Cochise Chapter of AZNPS
Presented by:
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Gardening With Soule - in the land of El Sol
gardeningwithsoule.com
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Long before supermarkets and modern transportation, people had to rely on growing, keeping, or hunting everything they needed locally - close to home. This was especially true in the remote frontier of what is now the American Southwest during the Spanish colonial era (1580-1833).

Plants covered in this presentation:

Aloe species - aloe

Agastache species - giant hyssop, hummingbird mint

In AZ - *A. pallida*, *A. brevifolia*

Aloysia species – Mexican oregano, oreganillo,

in AZ - *A. grantissima*, *A. macrostachya*, *A. wrightii*

Aloysia triphylla - lemon verbena

Amaranthus species - amaranth

Anemopsis californica - yerba mansa

Artemisia mexicana - Arizona wormwood

Chamaemelum nobile - Roman chamomile, manzanilla

Chenopodium ambrosoides - epazote, wormseed

Encelia farinosa - brittlebush

Ephedra species - ephedra

Hyptis emoryi (now *Condea emoryi*) - desert lavender

Larrea tridentata - creosote bush

Pectis papposa – chinchweed, limoncillo

Porophllum gracile - slender poreleaf, odora

Prosopis species - mesquite

Rosa species - rose

in AZ - *R. woodsii*

Sambucus neo-mexicana – New Mexico elderberry

Sphaeralcea ambigua - globe mallow

Tagetes lucida - sweet marigold, yerba anis

Valeriana arizonica - Arizona valerian

Jacqueline A. Soule is an award-winning garden writer. She has 13 published books, and she blogs, teaches classes, and has been a popular columnist for many years with weekly and monthly columns in a number of national, regional and local publications. Jacqueline has a Ph.D., but she doesn't flaunt her education, a trait that makes her a popular speaker with landscape professionals and garden clubs alike.

You can learn more about herbs, gardening, and cooking at:
gardeningwithsoule.com and savortheSW.com.



These sites are also on Facebook and Instagram.

Thank you for participating!

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